TIME FOR YOUR CHILD TO TAKE A TECHNOLOGY BREAK?

Sign your child up for our…

Youth Workshops:
Supporting Emotional Wellness

Time: 6:00 to 7:30 pm
Mondays: ages 11-14
Thursdays: ages 7-10

Workshops will begin **January 13th and 16th 2020**
Motivent Total Health (777 Oakmont Ln, Ste 1600B, Westmont, IL 60559)
For questions, pricing and to register call: **773.432.6559**
Visit: [www.motivent.com](http://www.motivent.com) or email: info@motivent.com