August
August is Back to School Month

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

We hope you have enjoyed your summer. We look forward to serving you when you return.

Drink Water

22
1. Sloppy Joe Melt
2. Hot Dog
3. Turkey & Cheese Sand
4. Sunbutter & Jelly Sand
   Black Beans
   Celery Sticks
   Applesauce

23
1. Cheese Pizza
2. Toasted Cheese Sandwich
3. Tomato Soup
4. Turkey & Swiss Sand
   Turkey Chef Salad
   w/Dinner Roll
   Spinach
   Fresh Baby Carrots
   Apricot Halves

26
1. Cheeseburger on a Bun
2. Chicken Patty Sandwich
3. Ham & Cheese Sand
4. Ham/Turkey Chef Salad w/Dinner Roll
   Green Beans
   Fresh Broccoli
   Mixed Fruit

27
1. Hot Pretzel w/ Cheese Sauce
2. Chili Mac
3. Turkey & Cheese Sand
4. Sunbutter & Jelly Sand
   Sliced Carrots
   Red Pepper Strips
   Diced Pears

28
1. Cheese Pizza
2. Hot Dog
3. Ham & Cheese Sand
4. Chicken Caesar Salad
   w/Dinner Roll
   Green Beans
   Fresh Zucchini
   Diced Peaches

29
1. Bosco Sticks w/Marinara Sauce
2. Chicken Nuggets w/Dinner Roll
3. Turkey & Cheese Sand
4. Sunbutter & Jelly Sand
   Kickin’ Pinto Beans
   Celery Sticks
   Applesauce

30
1. Cheese Pizza
2. Fish Sticks w/Mac Veg Salad
3. Ranch Chicken Wrap
4. Popcorn Chicken Salad w/Dinner Roll
   Steamed Broccoli
   Fresh Baby Carrots
   Apricot Halves

All menus meet or exceed current USDA or state-specific Dietary Guidelines for the Healthy, Hunger-Free Kids Act.

Offered Daily:
- Fresh Fruit or vegetables.
- Milk Served Daily
- Skim Chocolate
- Skim White
- 1% White
- Milk A la carte: $.50
- Student Lunch: $3.20
- Adult Lunch: $3.60

Our Pizzas are Tony’s “SMART” pizza – 25% lower in fat with whole grain crust

WG – Whole Grain

Romaine Salads served with Ranch Dressing

Items listed with a red * may contain Pork.

Concord Elementary School

EAT A VARIETY OF FRUITS & VEGETABLES EVERY DAY
Treat Yourself Right

Eating a variety of fruits and vegetables is part of a balanced diet.